

# MEDIA RELEASE

## 14 September 2023

## Seniors Festival back with a bang

The Melton Seniors Festival is back - and it is bigger and better than ever.

From cultural celebrations to art courses, rock concerts, fitness sessions and more, Melton's seniors' community can look forward to a bumper month of activities.

This year's Melton Seniors Festival will feature close to 50 events – nearly triple the number run in previous years – and while many of the events are free, bookings are essential.

The festival is part of Victorian Seniors Festival and is a celebration of the City of Melton's senior residents and the vital role they play in our community.

Getting involved in the festival is a fantastic way for seniors to connect with others, follow their interests, try their hand at something new and make new friends.

Seniors are invited to start a journey to discover their family history, watch the Yacht Rock Revival Concert, join the Paint a Kingfisher workshop or get involved in multiple Tech and Tea sessions at Melton and Caroline Springs Libraries.

The Melton Seniors Festival will run from 1 - 31 October. To find out more visit <u>melton.vic.gov.au/seniorsfestival</u> or drop into the Melton or Caroline Springs Library.

### Quotes attributable to Mayor of City of Melton, Cr Lara Carli

This year's festival features an amazing selection of social activities and fun experiences for seniors to enjoy or try their hand at for the first time.

We want all of Melton's seniors to come out, have some fun, catch up with old friends – and make some new ones – during a packed month of events that are free or low cost.

*Melton's Seniors Festival has something for everybody, with opportunities to get involved, enjoy live entertainment, learn something new or just catch up with old friends.* 

### ENDS

Melton City Council media enquiries (not for publication): Elissa Haley – Communications Coordinator on 0437 575 825.