

Seniors Festival

First Aid for Seniors

Come and learn the basics of First Aid.

In this non accredited course you will learn to recognise, manage the following topics.

- Chest pain- angina vs heart attack
- DRS ABCD
- Choking
- Stroke
- Diabetes
- Falls- How to assist getting off ground
- Fractures- mainly focus on hips and how to recognize and treat.

WORKSHOP DETAILS:

WHEN:

Thursday, 25 October

TIME:

10.30am – 12.30pm

WHERE:

Stevenson House
10 Stevenson Crescent
Caroline Springs

COST:

FREE. This workshop forms part of the Seniors Festival

BOOKINGS:

Phone: 9363 5137 or
meltonlearning.com.au

MORE INFORMATION:

BOOK EARLY! Don't miss out!

