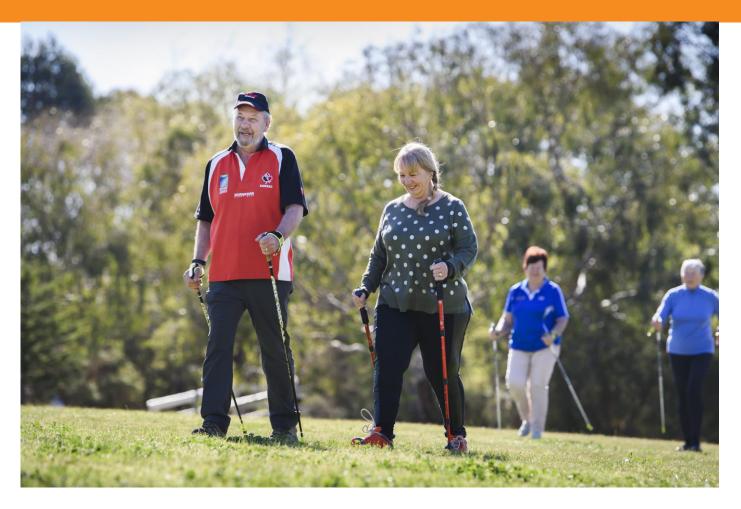
## Melton City Council presents Nordic Walking Come and Try



Nordic Walking is a low impact, high benefit way to get more active, and it's ideal for people aged 50+

When: Friday 5 October 9.45am – 11.30am

Where: Melton Seniors Community Centre 1 McKenzie St, Melton

Register: 9747 7332

Morning tea provided





COST:

FREE