

30 days

Get Inspired with the Melton City Council 30 days of creative play!

Please ensure adequate adult supervision is provided for all activities.



30 Days of Toddler/Preschool Play

1 to 5 years

1



Play a game of Simon Says.

2



Make an indoor cubby with pillows and blankets.

3



Put on a puppet show. Make your own puppets using socks or a paper bag.

4



Go on a nature scavenger hunt outside. See how many different treasures you can find.

5



Put on some music and dance.

6



Play a game of hide and seek. Where is your favourite place to hide?

7



Have lunch or snack time outside together.

8



Blow some bubbles. Make your own bubbles by mixing 4 cups of warm water, ½ cup sugar, ½ cup dishwashing liquid.

9



Play dress ups. Use your own clothes, hats, material and costume jewellery.

10



Go outside and make mudpies or jump in puddles.

11



Read a book. Don't forget you can borrow some from the library.

12



Get noisy! Grab some pots, pans and wooden spoons from the kitchen and make some music.

13



Create your own obstacle course inside or outside. Use things from around the house that you can climb over, under and through.

14



Play a game of musical statues. Every time the music stops, you need to freeze!

15



Bake or cook a favourite recipe together.

16



Find a soft patch of grass at home or at a local park. Lie down and look at the clouds. Can you make out any shapes or pictures?

17



Enjoy some pretend play. Set up a pretend shop, hospital, hairdressers or school.

18



Play show and tell with your favourite toy or book.

19



Make some playdough. Mix and knead together 2 cups plain flour, 1 cup salt, 1tbs oil, ½ cup water, 2 drops food colouring.

20



Spend some time drawing, painting or colouring in.

21



Fill a bucket or large bowl with some water. Put in different objects from around the house and see what floats and what sinks.

22



Go outside and see how many different insects and bugs you can find. Can you spot any butterflies?

23



Play follow the leader. Take it in turns to create new actions to copy.

24



Collect some items from outside like leaves, sticks and gumnuts and make a nature collage.

25



Get creative. Use recyclable materials from around your house such as cardboard boxes and plastic bottles to make a robot.

26



Play a game of eye spy. For younger children use colour or shapes instead of letters.

27



Time to sing! Enjoy a round of Hokey Pokey.

28



Cut and paste and using junk mail.

29



Go a colour scavenger hunt around the house. How many things of different colours can you find?

30



Have fun with some water play. Fill up the sink or a large container with water and use spoons, cups and jugs to pour and stir.

Share your play adventures and creations with us by tagging **#30DaysMelton** on social media.