

## Section 9



### Leisure Opportunities

The Shire of Melton has both indoor and outdoor recreation facilities for residents and visitors. Council continues planning new facilities for our fast-growing community such as synthetic fields and new community centres to cater for a range of sport and recreational activities.

This section provides information about some of these facilities that you may find helpful in planning innovative club activities like alternative training ideas, ways to attract new members and volunteers and opportunities to use other Council facilities.

## 9.1 Synthetic Surfaces

The Shire is pleased to offer sport and recreation groups the opportunity to hire synthetic grass fields at the Brookside, Springside and Kurunjang Recreation Reserves.

### **Kurunjang Synthetic Fields - Centenary Avenue Melton**

- Two senior sized soccer pitches or;
- One cricket oval with all seasons synthetic wicket

### **Springside Recreation Reserve - Hume Drive Caroline Springs**

- Two senior sized soccer pitches

### **Brookside Recreation Reserve - Caroline Springs Boulevard Caroline Springs**

- Multipurpose field with capacity to cater for cricket, soccer, AFL, softball and fitness training

Council has developed an hourly rate per pitch and some guidelines outlining appropriate use of these surfaces, including prohibited items and activities.

Clubs wishing to hire these synthetic surfaces must complete an Application for Casual Use of Grounds form and agree to the terms and conditions of use.



### **More Information**

Application for Casual Use of Grounds form is available online at [www.melton.vic.gov.au/leisure](http://www.melton.vic.gov.au/leisure) or by contacting the Leisure Services Officers on 9747 7200.

## 9.2 Leisure Centres

The Shire of Melton has both indoor and outdoor recreation facilities for residents and visitors, and Council continues planning new facilities for our fast-growing community. Our primary recreation centres are listed below.

### **Melton Waves Leisure Centre**

206 Coburns Road Melton

Ph: 9747 4333 [www.meltonwaves.com.au](http://www.meltonwaves.com.au)

The Melton Waves Leisure Centre is the Shire's major health and fitness centre.

To hire Melton Waves for pre session training or for an alternate training session call 9743 4333 or visit [www.meltonwaves.com.au](http://www.meltonwaves.com.au)

Melton Waves includes a number of indoor and outdoor activity opportunities including:

#### **Indoor facilities**

Heated wave pool  
 Heated 25 metre lap pool  
 Heated toddlers pool  
 Spa / hydrotherapy pool  
 Sauna  
 Gymnasium  
 Group Fitness Room  
 Cafe  
 Crèche / Program Space  
 Hairdressing Salon

#### **Outdoor facilities**

50 metre pool  
 20 metre "learn to swim pool"

Image by Rapture Images



**Melton Indoor Recreation Centre**

(Located at Melton Secondary College) Coburns Road Melton

Ph: 9743 1001

The Melton Indoor Recreation Centre (MIRC) is a community facility located adjacent to the Melton Secondary College. Facilities include:

- Three court multi lined stadium including a show court
- Toilets / Change Rooms
- Crèche
- Two upstairs meeting / activity rooms
- Kitchen / servery
- Kiosk

To hire the MIRC for pre season training or any function / activity contact 9743 1001 or [www.melton.vic.gov.au/leisure](http://www.melton.vic.gov.au/leisure)



**Caroline Springs Leisure Centre**

9-19 The Parade Caroline Springs

Ph: 9747 5327

The Caroline Springs Leisure Centre is a community hub offering a range of programs to improve and increase our community's health and active participation levels.

Features of the Indoor Facility:

- Three multipurpose courts suitable for national competition which currently cater for:  
Basketball, Netball, Futsal, Volleyball, Table Tennis, Badminton, Wheel Chair Rugby
- Court 1 is a show court which can be a venue for other activities
- Retractable seating for up to 320 within the show court
- Player, umpire and public amenities
- Pipes Cafe

To hire Caroline Springs Leisure Centre contact 9747 5327 or [www.melton.vic.gov.au/leisure](http://www.melton.vic.gov.au/leisure)



Image by Rapture Images

## More Information

These centres are available for use by local groups and can be handy for preseason training alternatives. Why not take your team to one of the centres for a spinning class or a weight session instead? To make a booking or discuss some options, contact the relevant centre.

## 9.3 Community Facilities for Events

Council has a number of community facilities capable of hosting formal functions and meetings. If your clubrooms are having trouble squeezing all your members in for your Club Presentation Night, one of these community centres may be a good alternative.

To book a facility, contact the Leisure Facilities Officer. Clubs who are seasonal tenants of other community facilities will receive a discount on any additional bookings. Council's website [www.melton.vic.gov.au/leisure](http://www.melton.vic.gov.au/leisure) has further information on all Community Centres, Halls and Multipurpose centres (including capacity, amenities and contact details) and a detailed frequently asked questions section.

To download a copy of the Community Centre brochure, visit [www.melton.vic.gov.au/Files/halls\\_brochure2.pdf](http://www.melton.vic.gov.au/Files/halls_brochure2.pdf)



### More Information

To book a community facility contact your Leisure Services Officer on 9747 7200 or visit [www.melton.vic.gov.au/leisure](http://www.melton.vic.gov.au/leisure)

## 9.4 Other Opportunities (Hike and Bike Trails, Open Space)

With the complications caused by the ongoing drought over recent years, clubs have been forced to investigate alternative training opportunities from time to time.

In addition to the large leisure centres within the Shire, there are many other options for clubs to use for pre-season training, etc. For example: Why not introduce an alternative activity to enhance the fitness of your team?

Cycling instead of running is not only low impact reducing the risk of injury, but a great way to boost team confidence and something to take the mind off the monotonous week to week training schedules.

Build a long cross country run into one of your monthly training sessions - Melton Shire has an extensive network of trails and paths linking the local picturesque parkland and meandering creeks.

Instead of coordinating the same old practise match, why not organise a team bi/tri/decaathlon against your usual competition.

Get your squad, team, group together and take a spinning or body pump class at one of the three Council leisure centres. **See Section 9.2 Leisure Centres for more information.**

Better yet, combine each suggestion above and create an “Amazing Race” style session, using as many of the local attractions as possible!

For a map of Hike and Bike trails and public open spaces visit [www.melton.vic.gov.au/leisure](http://www.melton.vic.gov.au/leisure)



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