



MEDIA RELEASE

3 October 2019

Explore your care options

Carers, older people and people with disabilities will have the chance to talk directly with service providers about enhancing their wellbeing at Melton City Council's free CARE Melton Expo.

More than 70 exhibitors from the City of Melton who deliver care support services and resources will be available to provide information and solutions for improved care, independence, and support.

Attendees can also participate in a free relaxation workshop and network with people who share similar experiences.

City of Melton Deputy Mayor Cr Lara Carli said the expo was a great opportunity to gain more support and learn about the services on offer in the City of Melton.

"If you think you might need additional support, or perhaps you're struggling to find the right care locally, the expo can help," Cr Carli said.

"It's a chance to explore how local service providers and resources can enhance your lifestyle, role and wellbeing.

"Come along and have your questions answered, discover improved care options, meet others, and join in the relaxation workshops.

"Residents with a disability, their families and carers can explore the many new opportunities that became available under the National Disability Insurance Scheme, and our older residents can learn what's available to support their independence or provide their future care."

The CARE Expo will be held on Thursday 17 October from 10am – 2pm at the Melton Community Hall, as part of National Carer's Week.

Some of the exhibitors include the National Disability Insurance Scheme (NDIS), the Brotherhood of St Laurence, Carers Victoria, Centrelink, Australian Hearing and Vision Australia.

For more information, see melton.vic.gov.au/CARE

A Thriving Community Where Everyone Belongs



MEDIA RELEASE

CARE Melton Expo

- Free entry
- More than 70 exhibitors
- Relaxation workshop including giveaways

Date: Thursday 17 October

Time: 10am – 2pm

Location: Melton Community Hall, 232 High Street, Melton

ENDS

Melton City Council media enquiries (not for publication): Kylie Kitchen – Media and Communications Officer on (03) 9747 7132.