

FREE programs in the City of Melton to get active in the month of April.

EXCLUDING PUBLIC HOLIDAYS



<p>MONDAY</p>	<p>KIDS ACTIVE – 2-4 YRS Kurunjang Recreation Reserve, Melton. 9.30am (April 9, 16, 23, 30)</p> <p>TAI CHI FOR ARTHRITIS Willows Historical Park, Melton 10am (April 9, 16, 23, 30)</p>	<p>THURSDAY</p> <p>ZUMBA Taylors Hill Youth Centre, 6.30pm to 7.30pm (April 5, 12, 19, 26)</p> <p>DJEMBE DRUMMING WORKSHOP – YOUTH Melton Youth Centre, 2pm to 4pm (April 12)</p> <p>PARENTS AND PRAMS Hannah Watts Park, Melton 10am (April 12 & 26)</p>
<p>TUESDAY</p>	<p>CARDIO TENNIS Brookside Recreation Reserve, Caroline Springs 10am (April 3, 10, 17, 24)</p> <p>COME & TRY TENNIS Brookside Recreation Reserve, Caroline Springs 10am (April 3, 10, 17, 24)</p> <p>KIDS SENSORY GYM – 6mths – 2yrs Melton Indoor Recreation Centre, 1.30pm to 2.15pm (April 3 & 10) Caroline Springs Leisure Centre, 12.30pm to 1.15pm (April 17 & 24) (registrations essential – trybooking.com/UIPH)</p>	<p>FRIDAY</p> <p>PARENTS AND PRAMS Eynesbury Homestead, 10am (April 6 & 20)</p> <p>BOXACISE – YOUTH Melton Youth Centre, 4.30pm to 5.15pm (April 6, 13, 20, 27)</p> <p>GROUP PT Diggers Rest Netball Court, 10.15am to 10.45am (April 6 & 13)</p> <p>SATURDAY</p> <p>TOOLERN CREEK PARK RUN Bridge Road, Melton South 8am (April 7, 14, 21, 28)</p>
<p>WEDNESDAY</p>	<p>WALKING GROUP Bridge Road Community Centre, 9.30am (April 4, 11, 18)</p>	<p>SUNDAY</p> <p>COME & TRY VOLLEYBALL Caroline Springs Leisure Centre, 3pm to 4pm (April 8 & 15) Melton Indoor Recreation Centre, 3pm to 4pm (April 22 & 29)</p>

For more information, visit melton.vic.gov.au/getactive

 /healthymelton

 9747 7200



HEALTHY
Connected
COMMUNITY

